

Unselfish.Org Newsletter

Dedicated to eliminating social problems and bringing about world peace by educating people about the benefits of putting others first, loving your neighbor, doing unto others as you would have them do unto you, and being unselfish rather than pro-choice in decisions affecting other people and society.

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Encouraging People to be Unselfish

This newsletter represents a new direction for Unselfish.Org. It will be issued at irregular intervals to cover new research, questions and other items of interest. Copies will be available in PDF format at the usual Unselfish.Org Web site. This first issue will present the basic research and information behind Unselfish.Org.

Most of the basic problems facing our society today stem from selfishness and permissiveness. Tolerance of things people cannot control, such as race, nationality and physical handicaps is admirable. However, tolerance of actions that harm other people and society becomes permissiveness and causes many of our social problems.

Some of the background behind Unselfish.Org dates back more than 15 years as research into social problems and the computer statistics from other researchers and groups showing their causes and how they are linked. All of this pointed in the same direction and led to the basic criteria for right and wrong and for good and evil.

When faced with a decision or action which can impact society or other people, we have two choices: we can be unselfish and do what is better for other people and society, or we can be selfish and pro-choice in our decisions and actions.

While this criteria was developed from modern research and computer technology, we soon discovered that these same thoughts had been fostered by great leaders over many centuries. Confucius is credited with admonishing his followers to "Do unto others as you



A baseball team wins games when each member unselfishly does what is best for the team. People need to grow up, mature and realize that society is like a team. We all need to work together and do what is best for others and for society in order to avoid problems and win in life.

would have them do unto you." Jesus Christ admonished his followers to "Love your neighbor" and "Turn the other cheek." More recently, in his 1961 inaugural address, president John F. Kennedy said: "And so, my fel-

low Americans, ask not what your country can do for you; ask what you can do for your country." Is it surprising that all of these admonishments effectively echo today's modern research into social problems?

Some people are concerned that they will be left out if they are not selfish and put themselves first. Interestingly, and perhaps appropriate, the statistics show that unselfishness carries its own rewards. The unselfish people come out ahead in many areas. Unselfish people statistically tend to be healthier, happier, live longer, and are less likely to be homeless, on welfare or need government help. Moreover, unselfish people are less likely to commit crimes and are less likely to become the victim of a crime.

In the past, great thinkers, religious leaders and political leaders have admonished us not to be selfish. Today, modern research and computer statistics is telling us that we would all be better off if we were unselfish and encouraged everyone to do what is best for others rather than be pro-choice. The most amazing thing is that our society has not matured enough to set aside childish selfishness and realize that we would all be better off if we were unselfish and worked together for the good of all. We could create a heaven on earth if we were only smart enough to be unselfish.

It is noteworthy that Confucius, Jesus Christ and John F. Kennedy offered no exceptions to their basic admonishments. Why? For the answer we can go back several years to the fight over whether children should be allowed to watch violence on television. Parents were opposed but were not sure of the reason. Liberals felt that the kids should be allowed to watch anything they wanted. The experts finally stepped in and said that watching violence on television would desensitize the kids to violence.

As the kids watched more violence, they would accept violence as being natural and would become more violent themselves. In effect, desensitization becomes the modern word for what we used to call giving bad example.

More recently, the studies and reports are showing that selfishness and the pro-choice attitude spreads through society like germs, cancer and pollution. When someone is told that it is acceptable to be selfish and pro-choice, or when they see others being selfish and pro-choice, they become more selfish and pro-choice themselves.

The result of all of this is that people who are pro-choice about one thing statistically tend to be pro-choice about other things. Moreover, when any one of us are selfish and pro-choice in our actions and decisions, we encourage others to be pro-choice in both the same and in different decisions. Whether we like it or not, everything is linked together and what each of us does affects everyone else.

Because of this, there are no exceptions to the rules. Making exceptions for yourself and your friends effectively becomes what is known as cafeteria morals. If you have a right to be pro-choice, then you are encouraging drug dealers, murderers and terrorists to be pro-choice.

The reason for most of our social problems is that we have become permissive instead of doing what is right and good. Moreover, we have become to desensitized that we do not even realize that we are selfish. We think that we have a right to be selfish and pro-choice but are upset if other people imitate us by being selfish and pro-choice.

Here are three questions that may put this into perspective for you.

1. Is there a right and a wrong for society or should we allow people to do anything they want?

2. Is it right and good to encourage people to be selfish and pro-choice in actions which impact others? Or, it is right and good to encourage people to be unselfish and do what is best for others and society?

3. Is it better to be selfish and pro-choice or unselfish and pro-society about encouraging traditional marriage, church attendance, the family wage and stay-at-home mothers, selling drugs, murder and terrorism?

Hence, the primary goal of Unselfish.Org is to make people understand that we would all be better off if people made a conscious decision between right and wrong and between good and evil. We would all be better off if people were unselfish



Many of our current problems are caused by people being permissive instead of speaking out and talking about right and wrong and doing what is best for our society.

instead of being selfish and pro-choice. And we could create a heaven on earth by being unselfish and working together.

Your questions and comments are always welcome.

A New Newsletter for Unselfish.org

This newsletter is the first from Unselfish.org. As time and circumstances permit, will be put together additional newsletters. All will be available in electronic format for free download from our www.Unselfish.org Web site.

These newsletters will allow us to cover topics which come up from time to time. Space will also be provided to provide more information or answer questions. Your input is solicited. Please e-mail questions or comments to:

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Please feel free to send us a note if you would like to be notified when new newsletters or other information becomes available. Thank You